



Asthma Minimisation Plan

Asthma Minimisation Plan	
Service Name:	Young Einstein Discovery Preschool
Service Address:	457 Mount Crosby Road, Anstead
Specific health care needs or diagnosed medical condition:	Asthma or Preschool Wheeze
Minimisation:	• To reduce the occurrence of asthma associated with dust, animals, or mould • To reduce the occurrence of asthma associated with weather changes • To reduce the occurrence of asthma associated with food exposure.
Possible Triggers:	• Eating certain food • Using products containing certain foods • Chemicals or other substances • Temperature • Dust • Physical activity • Exposure to certain animals or plants • Mould • Pollen • Missed meals • Weather conditions and air quality



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Signs a child is presenting with Asthma?	• Increased wheezing • Cough • Chest tightness • Shortness of breath
Actions to treat Asthma	• Sit the child in a chair • Follow the child's Asthma plan • If the child does not have a plan, follow the First Aid Asthma Plan • Use a spacer to administer 1 puff 4 breaths 4 times and wait 4 minutes • If the child doesn't show any improvement call 000 for an Ambulance and follow their instructions • Contact parents or emergency contacts

What educators, staff and volunteers will do to minimise effect of triggers:		
Risks	Strategy	Who is Responsible?
To reduce the occurrence of asthma associated with dust, animals, or mould	• Service will be cleaned daily to reduce allergens • Service will use damp cloths to dust so it's not spread into the	The service



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	atmosphere • Children who are allergic to specific animals will not feed or pat	
To reduce the occurrence of asthma associated with weather changes	• Children will be supervised to prevent movements from hot or warm environments to cold environments • Children must bring weather appropriate clothing each day (especially prepared for cold weather outside play) • Staff will monitor weather conditions and air quality	The Service Parents and Caregivers
To reduce the occurrence of asthma associated with food exposure	• Educators to clean tables and floors of any dropped food as soon as practical • Children will be supervised while other children are eating and drinking • Children will only eat food prepared and brought to the service by the	The Service Parents and Caregivers



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	parents/caregivers • Children's food items will be labelled clearly • Educators may refuse to give the child unlabelled food • Children to be seated a safe distance from other children when eating and drinking with an educator positioned closely to reduce the risk of the child ingesting other children's food or drinks	
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Plan and Review		
Plan prepared by: Marianne Pankhurst	Full name: Marianne Pankhurst Signature: <i>M.Pankhurst</i> Role/Position: Preschool Director and nominated supervisor	Date: 23.2.25 Reviewed: ongoing, 2025
Communicated to all relevant staff:	Yes Comment if needed: New staff will be inducted	
Risk assessment to be evaluated and reviewed on: in 2026		